1 INTRODUCTION

2 GETTING TO THE HEART OF OUR WORRY

2.1 Worry is Sinful
2.2 Association between Matt 6:19-24 and Matt 6:25-34
2.3 Worry is Unbelief; the Solution is Faith
2.4 The Solution to the Problem of Worry

3 EXPOSITION OF MATTHEW 6: 19-34

On Treasure (Matthew 6:19-24)
3.1 Heavenly and Earthly Treasure (6:19-21)
3.2 Our Eyes (6:22-23)
3.3 Serving Two Masters (6:24)

On Worry (Matthew 6:25-34)
3.4 Do Not Worry (6:25)
3.5 The Birds of the Air and the Lilies of the Fields (6:26-30)
3.6 Pagans and Believers (6:31-32)
3.7 Seek Ye First (6:33)
3.8 Tomorrow (6:34)

4 WHAT DOES THE TEXT TEACH ABOUT WORRY?

4.1 "Do Not Worry": Command Vs. Exhortation
4.2 Worry Vs. Kingdom of God
4.3 Worry Vs. Legitimate Concern

5 CONCLUSION

BIBLIOGRAPHY

APPENDIX

1) Sentence Diagram — Matthew 6: 19-34
2) Three Examples Adopted from the book The Sermon on the Mount by D.A. Carson
3) Article by Robert D. Jones, "Getting to the Heart of Your Worry."